



# Celebrate Queensland Youth Week

Various events held throughout the Gladstone Region.

[www.gladstone.qld.gov.au/youth-week](http://www.gladstone.qld.gov.au/youth-week)



## Youth Week Event Calendar | 11-19 April

### Mountain Bike Skills Come and Try Clinic

Join us for a fun, single-day workshop designed to introduce young riders to the thrill of mountain biking. Learn safe riding techniques, trail etiquette and basic bike maintenance in a supportive environment, with coaching from an accredited instructor and club volunteers. Full catering is provided. You must bring your own bike, helmet (and other safety gear) and hydration pack.

**When:** 7.30am-1.30pm, Sunday 12 April

**Where:** Gladstone Mountain Bike Reserve, Koowin Drive, Kirkwood, Gladstone

**Cost:** Free

Bookings essential. Scan the QR Code to register your spot or email for assistance, [gladstone.mtb.inc@gmail.com](mailto:gladstone.mtb.inc@gmail.com).



### Gladstone 8 Ball Association Youth Week Come and Try Day

Discover the junior 8-ball program through a fun mix of presentation, games, drills and practice time. Learn the basics of 8-ball, build skills and confidence. A national junior champion will share her journey and help run activities. This event promotes teamwork, resilience and positive social connection. Drop in or stay for the day.

**When:** 8am-3pm, Sunday 12 April

**Where:** Gladstone 8 Ball Association 3/14 Helen St, Gladstone

**Cost:** Free

Bookings essential. Scan the QR Code to register or email [secretary@gladstone8ball.com.au](mailto:secretary@gladstone8ball.com.au). New juniors who prebook via QR code will receive a new player pack.



### Youth Week Skateboarding Workshop

Join a high-energy skateboarding workshop led by two highly skilled coaches who know how to make learning fun. Suitable for all ages and ability levels, the session caters for up to 30 participants, helmets and skateboard available on request.

**When:** 9am-11am, Tuesday 14 April

**Where:** Boyne Island Skatepark

**Cost:** Free

Bookings essential. Contact Jay Hetherington on 0407 910 240 or via email [heljay09@bigpond.com](mailto:heljay09@bigpond.com)

### FLAS Active Kids

This free, inclusive sports fitness and agility program for young people in Gladstone is in partnership with Trinity College, Gladstone Athletics Club, Sparks Hockey Club and the Gladstone Hockey Association. For teens of all ability levels, the program builds movement skills, fitness and confidence in a safe, supportive and non-judgemental environment.

**When:** 3.30pm-4.30pm, Tuesday to Thursday, 14-16 April

**Where:** Rigby Park Grass Field

**Cost:** Free

Bookings essential. Contact Sparks Hockey Club Secretary at [Sparkshockeyclub@hotmail.com](mailto:Sparkshockeyclub@hotmail.com).

### QCWA Calliope: Felt sewing- design your own piece of craft

Get crafty with a felt sewing workshop using a colourful assortment of pre-cut felt pieces. Add your own flair by embellishing with beads, buttons and creative designs to make something uniquely yours.

**When:** 9.30am-12pm, Wednesday 15 April

**Where:** QCWA Hall, 2 Bloomfield Street, Calliope

**Cost:** \$5

Bookings essential. Contact Sue on 0429 308 000 or email [calliopebranch@qcwa.org.au](mailto:calliopebranch@qcwa.org.au)



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## Upcycled Ceramic Platter Design and Painting

Be guided in designing and painting your own Upcycled Ceramic Platter to display or use for snacks, salads and catering, or a gift for a loved one. Explore creative design and sustainability, with a focus on reusing and upcycling items. Drinks and snacks are provided.

**When:** 9.30am-11.30am, Wednesday 15 April

**Where:** Sun & Bar, 17 Flinders Pde, Gladstone

**Cost:** \$8

Bookings essential.

Scan the QR Code to book.



## Connected Youth Café and Colour Run Gladstone

Connected Youth Café provides a welcoming and energising space just for young people. Take part in fun, interactive activities, and enjoy relaxed café vibes plus a FREE lunch! Delivered in conjunction with PCYC's 'ColourXplosion', creating an unforgettable day filled with colour, connection, scavenger hunts with prizes, and plenty of positive youth vibes.

**When:** 10am-1pm, Wednesday 15 April

**Where:** Memorial Park, Yarroon Street, Gladstone

**Cost:** Free

Bookings not required.

## Mosaic making workshop

Get creative and learn how to design and create your own colourful masterpiece with your name from start to finish. No experience needed — just bring your creativity and leave with a one-of-a-kind personalised mosaic to take home!

**When:** 9am-3pm, Thursday 16 April

**Where:** QCWA Hall, 2 Bloomfield Street, Calliope

**Cost:** Free

Bookings essential. Contact Lynn at BITS of glass n stuff via phone 0487 116 264

## QCWA Calliope: Design your own piece of bright art

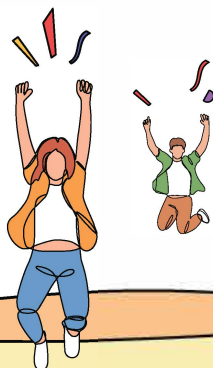
Explore neo-graphic art and create a bold, bright masterpiece on 210mm x 210mm watercolour paper. Using Sharpies, watercolour paints, pencils and pastels, you'll experiment with colour and design to produce your own eye-catching artwork.

**When:** 9.30am-12pm, Friday 17 April

**Where:** QCWA Hall, 2 Bloomfield Street, Calliope

**Cost:** Free

Bookings essential, contact Sue on 0429 308 000 or email calliopebranch@qcwa.org.au



Scan QR Code for more information

## Connected Youth Café Seventeen Seventy

Join us for a day of festival-style fun, featuring a DJ, acrobatics, interactive activities, and a scavenger hunt with prizes. It's a great opportunity to connect, unwind, and enjoy an awesome day out with friends and a free Lunch!

**When:** 10am-1pm, Friday 17 April

**Where:** Endeavour Park, 632 Captain Cook Drive, Seventeen Seventy

**Cost:** Free

Bookings not required

## Mindful Movement and Breathwork

A unique two-hour workshop blending mindful movement and intentional breathwork to quieten the mind, deepen inner connection and cultivate a grounded, more present state of being. Designed especially for Youth Week, this experience will provide tools and techniques for the participants to continue to use throughout their lives.

**When:** 3pm-5pm, Friday 17 April

**Where:** Studio 4680, Shed 5/8 Crow Street, Gladstone

**Cost:** Free

Bookings essential, please book through website [www.immyoga.com](http://www.immyoga.com)

## From Ground to Saddle- Youth Horse Day

Join us for an amazing horse experience with Steady Strides Equestrian and Warndurala Equine. Options for groundwork (hands-on horse handling for beginners), riding sessions with local instructors for horse owners, and observation opportunities so participants can watch, learn and cheer on friends. It's an inclusive event where young people of all experience levels can connect with horses in a safe and supportive environment.

**When:** 9am, Sunday 19 April

**Where:** 966 Taunton Rd, Taunton

**Cost:** Free

Bookings essential, please book through website [www.trybooking.com/DKBVO](http://www.trybooking.com/DKBVO)



## Gladstone Basketball Youth Clinic

This basketball-themed youth engagement activity provides young people in the Gladstone Region with an inclusive, active and positive experience. Featuring a fun, skill-based basketball workshop designed for varying ability levels, the program aims to boost physical wellbeing, confidence and social connection in a supportive environment.

**When:** 9am-11am and 1pm-3pm, Tuesday 14 April

**Where:** Gladstone Basketball Association, Memorial Park, Side Street, Gladstone.

**Cost:** Free

Booking not required. For additional information please contact [coach@gladstonebball.com](mailto:coach@gladstonebball.com)



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