

Gladstone Region Youth Council

Meeting Minutes

Held at the Community Engagement Centre

On Monday 17th August, commencing 5:00pm

Present: Max Thompson, Abbi Willis, Skye Kierys, Emily Dunnett, Gaby Davie, Bridie Whelan, Kailyn Smith, Abbi Willis, Meli-Lisa Eayrs via phone, Tinoda Pfidze via phone, Bianca Michell (GRC Community Development Officer), Jordyn Wilson (GRC Manager Engagement & Partnerships).

Councillor: NIL

Apologies: Jarrod Lowry, Stephanie Merrick,

Guest in attendance: NIL

Discussion and Recommendations

AMENDMENTS TO AGENDA and PREVIOUS MINUTES

- Bridie Whelan moves minutes are correct, seconded by Kailyn Smith

AGENDA

- ***Team Bonding Activity coordinated by Abbi***
- ***safeTALK***
 - Discussed safeTALK (half-day alertness workshop that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper.
 - Proposed workshop dates are 1st, 7th or 11th December.
 - Majority rules vote for 11th of December. Session to be held from 9am – 12pm. Morning tea provided.
- ***RUOK Day (10th September)***
 - Discussed RUOK Day initiatives and ideas for local schools to partake in the national charity.
 - Bridie and Kailyn confirmed that Tannum Sate High School completed a week of RUOK Day activities.
 - Youth Councillors to talk to their school principal to find out how they are getting involved.
 - Max and Emily to talk to GSHS.
 - Gaby to talk to Chanel.
 - Jarrod and Steph to talk to TSHS.
 - Update to be provided at next YC meeting.

Discussion and Recommendations

- **Update on 'An Unlikely Conversation'**
 - 2 x confirmed sessions (Monday 9:30am and Wednesday 9:30am)
- **Headspace Workshop 18/08 - Cancelled**
 - Advised that the Headspace workshop 18/08 has been cancelled.
 - Youth Council to complete Headspace workshop booklet prior to the next Headspace meeting. Please leave any fields that you are stuck on.
 - Discussed talking points. Main topics discussed: depression, suicide, anxiety, males & suicide.
- **End of year break up ideas**
 - Paintball.
 - Dates to be confirmed closer to the end of the year.

EMERGING TRENDS / TOPICS OF INTEREST

- NIL.

PREVIOUS AGENDA ITEMS FOLLOWED UP

- Nil

FUTURE AGENDA ITEMS

- Nil

MEETING CLOSED 6:17 pm

Next Meeting - Monday 7th September 2020, 5:00pm at the Community Engagement Centre.