## **GAPDL Communities for Children**

The Gladstone Region Communities for Children Program has seen significant increased in the number of individuals participating in programs since the new format was introduced in 2015. After working with local providers to build a substantial portfolio of quality evidence based programs picked specifically to meet the needs that the community told us they had, the numbers speak for themselves.



The six months from July to December excludes CfC's large community awareness campaigns therefore

provides a representation of individuals attending programs likely to have short, medium and long term positive

impact.

| July - December Reporting Period | 2017 | 2018 | 2019 | 2020 | 2021 |
|----------------------------------|------|------|------|------|------|
| Individual Client Number         | 123  | 153  | 288  | 295  | 608  |
| Number of Program Sessions       | 564  | 504  | 688  | 1015 | 2365 |

With childcare placements getting harder to secure, we are seeing huge increases in attendance at supported playgroups.

Supported playgroups provide quality age appropriate educational play opportunities, referral pathways and an opportunity for care givers to get guidance on children developmental milestones. The cost for a diploma qualified educator is approximately \$70,000 per annum and for a qualified family support worker is approximately \$95,000 per annum. Playgroups do not attract Childcare subsidies or financial assistance payments.

| Playgroup    | Week 1 | Week 2 | Week 3     | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | Week 9 | Week 10 |
|--------------|--------|--------|------------|--------|--------|--------|--------|--------|--------|---------|
| Term 3, 2021 |        |        |            |        |        |        |        |        |        |         |
| Friday       | 15     | 14     | 13         | 20     | 13     | 18     | 14     | 16     | 16     | 18      |
|              |        |        |            |        |        |        |        |        | -      |         |
|              |        |        | Term 4, 20 | 21     |        |        |        |        |        |         |
| Tuesday      | 23     | 16     | 34         | 43     | 37     | 43     | 44     | 44     | 32     | 39      |
| Wednesday    | 22     | 25     | 40         | 40     | 30     | 43     | 51     | 44     | 48     | 40      |
| Thursday     | 46     | 25     | 49         | 45     | 47     | 40     | 48     | 47     | 65     | 52      |
| Friday       | 42     | 42     | 31         | 53     | 49     | 70     | 39     | 22     | 34     | 46      |



#### **Available Childcare**

#### Telina

Telina has the lowest number of children per child care place across the Gladstone region with 2.8 children competing for each place available. The means that for each 10 child care places that are filled, 18 more children are in need.

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#### **Calliope Central**

For every ten children in Calliope central who secure a place, there are 44 more in need. (5.4 children per single place offered)



#### **Gladstone Hinterland**

For every ten children in the Gladstone Hinterland (Mt Larcom, Benaraby etc.) who secure a place, there are **306** more in need. (31.6 children per single place offered)





# GAPDL Communities for Children 2022/2023 Financial Year

The Gladstone Region Communities for Children Program have made minor changes to the funded programs for the 2022/2023 financial year based on emerging trends, community needs, and availability of program facilitation.

#### **Circle of Security**

An evidence based program around attachment. The eight (8) session program aims to help parents to:

| Understand   | their child's emotional wold by learning to read emotional needs |  |  |  |
|--|--|--|--|--|
| Support  | their child's ability to successfully manage emotions            |  |  |  |
| Enhance  | the development of their child's self esteem                     |  |  |  |
| Honor  | the innate wisdom and desire for their child to be secure        |  |  |  |
| Circle of Security is facilitated by staff from Strong Communities |  |  |  |  |

#### **Tuning in To Kids**

Tuning in to Kids<sup>®</sup> is an emotion-focussed parenting program. It provides parents and carers with skills in emotion coaching, which is about recognising, understanding and managing their own and their children's emotions. When children develop these emotional skills they are better able to negotiate the ups and downs of life.

Tuning in to Kids is facilitated by staff from Strong Communities

#### Little Steps Multicultural Play Group

A community playgroup supported by a qualified educator. Little Steps encourages inclusion and diversity and to celebrate our differences.

Little Steps provides an opportunity to reduce social isolation sometimes experienced by our migrant and refugee families while also offering the chance to engage in conversational English and to experience play based activities from a range of cultures.

Little Steps is facilitated by staff from Integreat

#### Nurture and Nutrition Supported Playgroup

Nurture & Nutrition (NaN) playgroup is a free supportive playgroup facilitated by Circle of Security trained caregivers to increase parenting confidence, develop social skills and family support networks whilst creating nutritional morning teas together to be shared.

NaN is also the mathematical symbol for: Not a Number. This encompasses the meaning of this playgroup; that each individual and family is unique and deserves every opportunity to learn, connect and support the growth of their children.

We welcome children of all ages and each week we offer a different activity and theme for our families to enjoy.

NaN is facilitated by staff from Strong Communities

#### Safe Sleep Space & Nourish Resource

Safe Sleep Space offers a number of services and resources to assist with sleep and settling of newborns, infants and toddlers. GAPDL provide local parents and caregivers with 12 months access to resources including videos guides to sleep and settling. Video segments include understanding your baby or toddler's needs, cues and capabilities, step-by-step, age specific settling strategies, and safe wrapping and sleeping recommendations.

The Safe Sleep Space and Nourish resource is distributed via CfC Community Partners as well as local services who work specifically with parents and carers of newborns and toddlers.

#### In Kind Community Partners

In addition to the Community Partners listed above, GAPDL CfC provides in-kind support to a range of other organisations including access to the facility at the Philip Street Communities and Families Precinct. These include programs around: Domestic and Family Violence, Protective Behaviours, Grief and Loss, Self Care, Breastfeeding support, School Holiday Programs, and Social Connections.

The financial value currently provided 'In-Kind' under partnership agreements is \$125,700.





