

MEDIA RELEASE

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Bookings still open for Seniors Week with first activities on Saturday

Gladstone Regional Council's 2018 Seniors Week program is proving popular with more than 800 bookings from residents who are keen to participate in activities and events.

Gladstone Region Mayor Matt Burnett said residents aged 55 and over still had time to book for events from August 18 to 26 to celebrate Queensland Seniors Week.

"The majority of activities are free with places still available for workshops, outings and activities," Councillor Burnett said.

"Senior residents are also invited to join me at a free Mayor's Seniors Week Morning Tea at the Gladstone Entertainment Convention Centre on Saturday, August 25 from 10am.

"A great response has already been received to the morning tea and seats are still available for our senior residents to enjoy free entertainment and the chance to socialise and catch up with friends," he said.

Cr Burnett said senior residents had been quick to book for outings, gardening sessions, various art workshops, exercise, health and well-being sessions.

"There is lots on offer across the region ranging from movies to a morning of board games and basic robotics, an opportunity to learn about family research and discussion of legal issues in a workshop style setting," he said.

Other Seniors Week activities include practical make-up advice and support, workshops to create an individual pendant or keyring, a session to make a memo board or collage picture and an opportunity to learn about Science, Technology, Engineering and Mathematics (STEM) activities and programs.

Eighteen artist workshops, included in the Seniors Week program, have received funding from the Gladstone Region Regional Arts Development Fund (RADF), a Queensland Government and Gladstone Regional Council partnership program to support local arts and culture in regional Queensland.

Bookings for activities and events are essential and can be made by phoning the Gladstone Entertainment Convention Centre on 4972 2822, visiting the box office in person, or online at www.gladstoneentertainment.com

Bookings for some events will need to be made directly with the provider.

Access the Seniors Week program online at www.gladstone.qld.gov.au/seniors-week with copies available at the Community Advisory Service, 142 Goondoon Street, Gladstone, or at regional libraries.

MEDIA INFORMATION: For further information contact Council's Communications and Marketing Section on 4977 6803 or media@gladstone.qld.gov.au
