

## MEDIA RELEASE

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### **Bookings open for Council's 2018 Seniors Week program**

Bookings for Gladstone Regional Council's 2018 Seniors Week program are now open.

Gladstone Region Mayor Matt Burnett said residents aged 55 and over could now book through the Gladstone Entertainment Convention Centre to take part in this year's Seniors Week activities or events to be held from August 18 to 26.

"The majority of activities are free and will be held at various venues and locations across the region," Councillor Burnett said.

"Our Seniors Week program celebrates Queensland Seniors Week and encourages our residents to be actively involved in the community while learning new skills or interests."

Cr Burnett said a variety of interests would be catered for with events tailored to suit different tastes.

"Our senior residents can enjoy social opportunities offered through workshops, outings and sessions," he said.

"Events on offer range from physical activity and sport to creative tasks, health and well-being sessions."

Senior residents are also invited to a free Mayor's Seniors Week Morning Tea at the Gladstone Entertainment Convention Centre on Saturday, August 25 from 10am.

The morning tea will be accompanied by free entertainment and will offer an opportunity to socialise, catch up with friends and meet others.

Bookings for activities and events are essential and can be made by phoning the Gladstone Entertainment Convention Centre on 4972 2822, visiting the box office in person, or online at [www.gladstoneentertainment.com](http://www.gladstoneentertainment.com)

Bookings for some events will need to be made directly with the provider and some activities will require participants to take along their own materials/equipment.

The full regional Seniors Week program can be viewed online at [www.gladstone.qld.gov.au/seniors-week](http://www.gladstone.qld.gov.au/seniors-week) with printed copies available at the Community Advisory Service, 142 Goondoon Street, Gladstone, or at regional libraries.

Eighteen artist workshops, included in the program, have received funding from the Gladstone Region Regional Arts Development Fund (RADF), a Queensland Government and Gladstone Regional Council partnership program to support local arts and culture in regional Queensland.