

## MEDIA RELEASE

August 2, 2018

### **Keen interest in Seniors Week program with bookings to open Monday**

Gladstone Regional Council's 2018 Seniors Week program has been proving popular with hundreds of booklets printed in the lead-up to bookings being taken from Monday (Aug 6).

Gladstone Region Mayor Matt Burnett said residents aged 55 and over had been eagerly picking up copies of the program from our Community Advisory Service and regional libraries.

"We're very pleased with the keen community interest in our 2018 Seniors Week program with our printed booklets in high demand across the region," Councillor Burnett said.

"Residents are encouraged to browse the program, which is also available online, in preparation for Seniors Week bookings opening on Monday.

"I urge residents aged 55 and over to get ready to book and invite them to join me to celebrate Queensland Seniors Week at our free, annual Mayor's Seniors Week Morning Tea."

The Mayor's Seniors Week Morning Tea will be held on Saturday, August 25 at the Gladstone Entertainment Convention Centre from 10am offering complimentary entertainment, food and a chance to socialise.

This year bookings for most of the events can be made with our Gladstone Entertainment Convention Centre in person, online at [www.gladstoneentertainment.com](http://www.gladstoneentertainment.com) or by phoning the GECC on 4972 2822.

The majority of Gladstone Region Seniors Week activities are free with a few events (listed in the program) required to be booked directly with the provider.

"There are plenty of activities on offer across the region to enable our residents aged 55 and over to celebrate Queensland Seniors Week from August 18 to 26," Cr Burnett said.

"Our senior residents can take part in gardening and photography workshops, outings, art and craft, movies, sport and exercise, health and well-being activities and lots more," he said.

Seniors Week bookings can be made from August 6 from 9am to 4.30pm Monday to Friday, with no bookings taken on August 8 due to the Gladstone Show public holiday.

The program can be viewed online at [www.gladstone.qld.gov.au/seniors-week](http://www.gladstone.qld.gov.au/seniors-week) with printed copies of the program available at the Community Advisory Service, 142 Goondoon Street, Gladstone, or at regional libraries.