

PCYC ACTIVITIES

Senior Fit

Monday Wednesday and Thursday
8:30am – 9:30 am

Adult Box Fit

Monday and Wednesday
6:00pm – 7:00pm

Junior Boxing

Tuesday and Thursday
4:00pm – 5:00 pm

Junior Jiu-Jitsu

Tuesday
5:00pm – 6:00pm

Badminton

Tuesday
6:00pm – 9:00pm

Irish Dancing

Saturday
Jig Jam (2-4yrs): 9:30am – 0:00am
4 to 6yrs: 8:45am – 9:30am
7 to 11yrs: 10:45am – 11:00am
12yrs and over: 11:30am – 12:30am



Playgroup for Under 5'S

Thursday
9:00am – 11:00am

Beginners Roller Derby

Tuesday
6:00pm – 7:00pm

Roller Derby

Sunday
1:00pm – 2:30pm
Tuesday
6:00pm – 9:00pm

Ladies Netball

Monday
6:00pm – 9:00pm

Mixed Netball

Wednesday
6:00pm – 9:00pm



\$12.50 per week with Ezidebit (unlimited entry)

Casual Visit \$11.00
10 Visit Pass \$99.00
1 Month \$88.00
3 Month \$209.00
6 Month \$302.00
12 Month \$435.00

OPENING HOURS



PCYC MEMBERSHIPS

PCYC membership enable access to all PCYC Activities throughout the state and covers the member for Personal Accident Insurance.

Yearly Membership Fees

Adult: \$30.00 Child U18: \$20.00
Family: \$60.00 Seniors: \$6.00

ACTIVITY SESSION COST

Adult Boxing \$7.00 per person
Junior Boxing \$5.00 per child
Badminton \$7.00 per person
Learn to Skate \$5.00 Juniors
Learn to Skate \$7.00 Adult Member
Irish Dancing \$5.00 per child
Roller Derby \$7.00 member
Roller Derby \$9.00 non member

EVENTS VENUE & HALL HIRE

Looking for a venue for your monthly meeting or for your wedding, conference and award nights?

Gladstone PCYC is self funded, by using PCYC as your venue, you are directly supporting the activities and programs that we can offer to the Gladstone community at affordable rates.



Double Basketball court Stadium
(42m x 35m)

Corporate and Community rates apply.

FITNESS CLASSES

Adult Box Fit
Junior Boxing
Pilates
Senior Fit

Crèche—Free

9am—11am

Monday to Thursday 5am—9pm
Friday 5am—8pm
Saturday 6am—2pm
Sunday 9am—12pm

Ask our friendly staff for more information.

The Gladstone PCYC offers a comprehensive Outside School Hours Program with Before & After School Care and Vacation care for all Primary school children.
 Our qualified Staff and quality facility provide children with a unique experience.

Our Philosophy

The rights of the child are paramount. PCYC SAC believes that each child has the right to be an active member of the community in which they live; to have their individual and cultural identity recognised and respected; to express their opinions and have their views considered in any decisions that may affect them.

Before School Care

Children are given a healthy breakfast followed by quiet activities to begin the day in a calm and positive manner. Children are dropped off at local schools by 8:30am and in readiness for the school day.
 Hours are 6:00am—8:00am weekdays

After School Care

The PCYC bus transports the children from all schools to the PCYC. After a healthy snack and some homework time, numerous activities are available to challenge and entertain.
 Hours are 2:30pm—6pm weekdays

Vacation Care

Operates during all school holidays, 6:00am to 6pm weekdays. A range of activities are available including games, crafts, outings, day trips, culture and science activities.

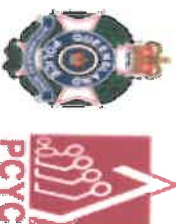
ABOUT PCYC

Established in 1948, Queensland Police-Citizen Youth Welfare Association or PCYC is an entirely non government—not profit charitable organisation that provides affordable and accessible youth development progress and services to support young people.

Our unique relationship with the Queensland Police Service that enables us for over 66 years to continue our vision of enhancing Queensland communities through youth development and deliver high quality youth, early intervention and crime prevention programs.

We have programs that are diverse as the young people who enjoy them and we welcome young people of all backgrounds to join PCYC and share stories and experiences with other young Queenslanders. PCYC are not just for youth its for the whole community a great place to meet new friends.

We are all about unleashing your potential and it all starts here at PCYC.



Working together in the community



Police Citizen Youth Club
 Address: 53 Yarron Street
 Gladstone Queensland 4680
 Phone: 4972 3122
 Fax: 4972 0266
 Email: admin@pcyc.org.au
 Website: www.pcyc.org.au

GLADSTONE POLICE & CITIZENS YOUTH CLUB

PCYC-Enhancing Communities Through Youth Development



PCYC has been helping Queensland Youth to make positive life choices and providing crime prevention program.
 Our inspiring and life changing youth development and crime prevention programs help over 50,000 young Queenslanders each year.